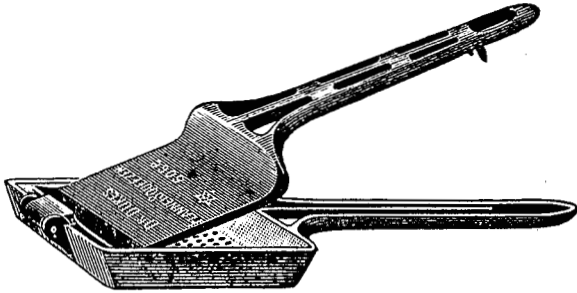


A NEW FLANNEL SQUEEZER.

THIS is an invention of Dr. Dukes, and is worth more than passing attention, as it is a successful attempt to solve the difficulties of squeezing out hot flannels when required for fomentation, &c.



It is made of enamelled iron, and is therefore cleanly in its use, and the results in our hands have been in every way satisfactory. Messrs. F. and C. Clark and Co., Shakespeare Foundry, Wolverhampton, are the manufacturers.

HONESTY TOWARDS CHILDREN.—The hopelessness of children under a sense of injustice is one of the most crushing forces that can work to maim and distort a child's mind. He is not able to see beyond the obvious and instant features of the situation, and the feeling that some arbitrary expression of prejudice is working against him convinces him despairingly that effort is useless, and that he is being cruelly wronged. The childish nature becomes warped and embittered; and there is perhaps no other single factor which can come into a young life with such disastrous effect as this. The teacher who allows himself to gratify personal likes and dislikes is doing an injury to his pupils which can only be called incalculable. It must be recognised, moreover, that children are likely to misunderstand, so that an appearance of favouritism is to be avoided. This is one of the considerations that make the training of children a matter of so much delicacy and intricacy. It is necessary not only to treat children with scrupulous honesty, but make them feel that they are so treated.

THE hearth may be piled high with fuel, but until the flame ignites it is cold and useless. So there may be intelligence and judgment, discretion and forethought; but until the flame of love inspires their action they cannot truly help mankind. The spirit of kindness must animate the whole being, and the mental powers must combine to guide and direct it before we can succeed in helping men and not hurting them.

"NURSING RECORD" BENEVOLENT FUND.

SPECIAL NOTICE.

WE want to assist, by the united efforts of the readers of the *Nursing Record*, Trained Nurses who may be in need of temporary or permanent aid, and for this purpose donations, whether small or large, will be thankfully received, as the Fund has already many demands made upon it.

HELP WANTED HERE ALSO.

Mrs. Sarah Duyck, aged 48, is a widow, and has broken her leg so badly, that she will probably be a cripple for the rest of her life, besides dislocating one shoulder some years ago, so that she is even unable to use her crutches for long at a time.

Mrs. Duyck wishes to obtain an annuity of £20 a year from the British Home for Incurables. To do this at least 1,000 votes must be procured from subscribers to the Institution. Lists of subscribers can be obtained by sending eight stamps to the offices, 73, Cheapside, E.C.

Will every reader of this journal please do what she or he can to obtain votes for this sad case—to assist, in however small a measure, to bear another's burden? Such help will be gratefully welcomed by the Editor, *Nursing Record*, St. Dunstan's House, Fetter Lane, London, E.C., and all subscriptions, &c., will be duly acknowledged.

THERE is no better preventative of nervous exhaustion than regular unhurried muscular exercise. If we could moderate our hurry, lessen our worry, and increase our outdoor exercise, a large proportion of nervous diseases would be abolished.

GOOD character largely depends upon the constant repetition of good actions until they become habitual; and whatever innocent means are necessary to secure this should be used. The best should have the preference if they can be made effective; but it is useless to press unavailable motives to which there is no response in the heart of the one to be influenced.

UNSELFISHNESS.—There are three kinds of unselfishness—that which springs from a sense of duty, that which springs from a natural benevolence towards one's species, and that which springs from love. The first of these is a conscientious unselfishness; the second is so in a less degree; but the third may be and very often is unconscious of itself altogether. None the less it needs to be dragged into the light now and then, and carefully examined, lest it too, beautiful though it is, should degenerate then and there into something not very far removed from its opposite.

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